

PSG & Sleep Medicine Brain Dump Workbook

		Please write your best response here.
1	Three or more PVCs in a row is considered?	
2	A major body movement is documented when	
3	A sudden loss of muscle tone usually associated with a strong emotion. atonia without loss of consciousness?	
4	Adenoids	
5	An amplifier component used for storing an electrical charge?	

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6	Any external noise that affects the patient's sleeping environment should be	
7	Any material capable of transmitting an electrical current?	
8	Aorta	
9	Apex means?	
10	Apnea	

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11	Apnea Index	
12	Apnea is defined as what?	
13	Apnea of prematurity	
14	Apneas and hypopneas cannot be differentiated by	
15	Approach to persistent sleepiness in OSA?	

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16	Appropriate paper speed for examining rhythmic EEG activity?	
17	Are BZDs safe in breastfeeding women?	
18	Are hypnotics safe in patients with COPD?	
19	Are leg movements associated with apnea termination counted towards the PLMI?	
20	Are newborns and infants obligatory nasal breathers or mouth breathers?	

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21	Are nightmares more likely to occur in NREM or REM?	
22	Are peripheral chemoreceptors functional in CCHS?	
23	Are psychiatric disorders associated with insomnia more in young people or the elderly?	
24	Are seizures more likely to occur in REM or NREM?	
25	Armodafinil	

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26	Arousal	
27	Arousal and Acetylcholine	
28	Arousal and Histamine	
29	Arousal and Norepinephrine	
30	Arousal and Serotonin	

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31	Arousal Index	
32	Arousal Index in NREM	
33	Atrial Flutter	
34	Behaviors associated with appropriate verbal skills when communicating with pt	
35	Brain is metabolically active at these stages	

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36	Capnograph	
37	Changes in pleural pressure cause similar changes in	
38	Common arrhythmias seen with OSA.	
39	Corrective action for broken electrode or wire:	
40	Define amplitude	

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41	Definition of apnea.	
42	Describe Klein-Levey syndrome	
43	Describe Transient Insomnia	
44	Describe ventricular fibrillation	
45	Describe what happens during an MWT	

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46	Describe what happens during REM Sleep	
47	Describe where to place the three chin EMG electrodes:	
48	Description ofinion	
49	Description of nasion	
50	Description of pre-auricular points	